

## Rewards

Some of the way that we positively reward our pupils:




- House points
- Termly house celebrations
- Weekly treats for Star of the Week and the pupil with the most house points
- Weekly class attendance trophy
- Postcards home

Has your child received any of the above?

## How can you help?

- Talk to your child about their school day.
- Ensure that your child comes to school on time as they might find it hard to settle.
- Have routines in place at home and set clear boundaries – perhaps create a screen-time limit.
- Notice and encourage them when they show behaviours you have asked for and give specific praise.
- Use the words **Ready, Safe and Kind** when talking to your child about behaviour.
- Help your child to describe how they are feeling. Help them think about the signs that let them know they might be about to 'blow their top' – such as feeling hot, muscles clenching or breathing more heavily.
- Keep your contact details and child's information updated using Arbor.

## The ZONES of Regulation

			
<b>Blue Zone</b> Sad Bored Tired Sick	<b>Green Zone</b> Happy Focused Calm Proud	<b>Yellow Zone</b> Worried Frustrated Silly Excited	<b>Red Zone</b> overjoyed/Elated Panicked Angry Terrified

Use the Zones of Regulation to help your child make sense of how they are feeling.

## How we can help

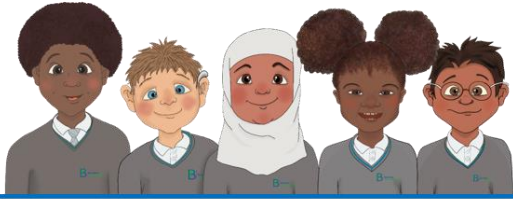
- Parenting support around your child's anxiety or challenging behaviour.
- Workshops and coffee mornings around general behaviour and routines.
- Idea and suggestions regarding what we are using in school.
- Referral for specialist support or signposting to other agencies.

If you require further information or advice please contact Sam Matthews, Family Support Manager or the Inclusion Lead, Ms Rawat.

## Behaviour at Brentfield



*Promoting **Partnership** between home, school and the community*



## Our Behaviour Steps

### Reminder 1



Are you **ready**?



Are you **safe**?

Are you **kind**?

### Reminder 2

What will be the consequences if I continue?



Am I aiming for good?

Do I need to ask for help?



## Reflection

In class



Time to think by myself

Stop  
Pause  
And  
Calm  
Everything

Complete reflection sheet



Can I flip it?



Do I need to ask for help?



## Time out

Out of class



Text to parent



CPOMS



What niggles and stressors are getting in the way of me achieving the 4 Gs?



Do Good

Think Good

Believe In Good

Aim For Good

## Helping our Children to Calm Themselves

To help our children feel calm we use iSpace.

I  
Stop  
Pause (Breathe)  
And  
Calm  
Everything

Please encourage your child to do this when they need to calm themselves away from school.



At Brentfield we use the language of being ready, safe and kind to remind our pupils of how they should behave.

# READY SAFE KIND